



Empowered Minds
Reframe - Refocus - Revitalise

Terms and Conditions

Last updated: 04.01.2025

1. Introduction

Welcome to Empowered Minds. These Terms and Conditions govern your use of our website and services. By accessing or using our website, you agree to be bound by these terms.

2. Services

Empowered Minds provides Occupational Therapy and coaching services. While we strive to deliver high-quality services, results may vary between individuals. Our services do not replace medical treatment or mental health services.

3. Professional Boundaries

- ❖ Services are provided within professional scope of practice
- ❖ Clear boundaries are maintained between Coach and client
- ❖ Services are provided during scheduled appointment times only

4. Confidentiality

We are committed to protecting your privacy and maintaining confidentiality. However, we may be required to break confidentiality if there is risk of harm to self or others

5. Payment, Appointments and Cancellations

- ❖ Payment is required at the time of booking for single sessions and packages
- ❖ Payment will be made via BACS transfer. Upon receipt of payment, we will send you a receipt along with your booking confirmation.
- ❖ 48 hours' notice is required for rescheduling or cancellations
- ❖ Late cancellations or missed sessions are charged at full rate
- ❖ You can reschedule via email rebecca@empoweredmindscoaching.co.uk
- ❖ Packages expire after 6 months

6. Website Use

6.1 Content

All content on this website is for information purposes only. It should not be considered medical advice.

6.2 Intellectual Property

All content, including text, graphics, logos, and images, is the property of Empowered Minds.

7. Limitation of Liability

To the fullest extent permitted by law:

- ❖ We are not liable for any indirect, incidental, or consequential damages
- ❖ Our liability is limited to the amount paid for services

8. Online Communication

- ❖ Communication will be made by emailing rebecca@empoweredmindscoaching.co.uk
- ❖ Empowered Minds is not an urgent service and response times may vary

9. Changes to Terms

We reserve the right to change these terms at any time. Changes will be made on this page with an updated revision date.

10. Contact Information

For questions about these terms, please contact:

Rebecca@empoweredmindscoaching.co.uk

11. Disclaimer

The information provided on this website is for general information purposes only. It should not be considered as a substitute for professional medical advice, diagnosis, or treatment.

By using our website and services, you acknowledge that you have read, understood, and agree to be bound by these Terms and Conditions.